



Family Hub at Phipps Bridge Youth Centre – Timetable (January to April 2025)

	Morning		Afternoon	
Monday			Afterschool Junior Club	4.00 – 6.00
Tuesday			Afterschool Junior Club	4.00 – 6.00
			Family Information Support Hub (FISH)	12.00 – 3.00
Wednesday	Centre used for alternative purposes		Empower Her Young Women's Group	5.00 – 7.00
Thursday	One You Merton Stop Smoking Support	10.00 – 1.00	Enable Social Prescribing Bi-weekly from 9th Jan	2.00 – 5.00
Friday	Centre used for alternative purposes	9.00 – 3.00	Afterschool Junior Club	4.00 – 6.00
			Unique Talent Youth Hub	7.00 – 9.00
			Be Inspired Boxing	7.00 – 8.30
Saturday	MAGIC Youth Club		10.30 – 2.30	
Sunday	Centre used for alternative purposes			


All activities on this timetable are **term time only**. Please see alternative timetables for holiday provision.

For more information, please contact a member of staff or visit our Family Hub Directory:





Family Hub at Phipps Bridge Youth Centre – Service Information

Service	Service Description	Contact/Booking Details
Enable Youth Social Prescribing	Enable provide 1:1 consultations for young people aged 13-19, or up to 25 if they have additional needs. Supporting them to improve and maintain their emotional health and wellbeing. We also work with young people who require weight management support.	Email: cypmerton@enablelc.org Scan QR code to self-refer: 
MAGIC Youth Club (SEND)	Specialist youth group for 11-25 year-olds with learning disabilities and autism. Activities include Wii, Pool, Table Tennis, Football, Basketball, Art and Crafts, Cooking and Trips (i.e. cinema & bowling). Referrals for taster sessions and assessments can be made by parents, caregivers, schools, colleges, social care and SEN.	For more information contact: Lisa Tharpe lisa.tharpe@merton.gov.uk 020 8274 5194 
Unique Talent Youth Hub	Senior youth club session for teenagers aged 13-18. Safe space to relax and enjoy activities including basketball, football, pool. You could also get involved in gym sessions and courses including music production, hair and beauty, food hygiene and safety, and independent living skills.	No booking required, drop-in session. 020 3479 5344 info@uniquetalent.org.uk
Family Information Support Hub (FISH)	FISH can help you with any aspect of family life. Our Early Help Co-ordinators will offer advice and guidance to help you find and access the supportive information and services that you need.	Appointment required, book your free place on Eventbrite: 
One You Merton Stop Smoking Support	One You Merton provides a free* stop smoking service for all smokers who live in the borough of Merton. We have different levels of support to suit all clients. These consist of either: <ul style="list-style-type: none"> A 12-week programme with advice and support from a professional stop smoking adviser with a choice of stop smoking medication. These sessions are attended either via telephone or in one of our stop smoking clinics. A brief intervention programme that consists of a session with specialist adviser on the phone or at one of our clinics along with a 4 week vape starter kit. The client is then followed up 4-6 weeks later by their adviser. <small>*some medication is charged on prescription rates.</small>	Get in touch to sign up for support. You can register via our website by scanning the QR code: Or call 020 8973 3545 
After School Junior Club	Youth club session for young people aged 9-13 years. Activities include cooking, sports activities, arts and crafts, homework club and holiday activities.	No booking required, just turn up on the day! Phipps.Bridge@merton.gov.uk 0208 274 5194
Empower Her Young Women's Group	This project empowers young women aged 13-16 by building their confidence, self-esteem and decision-making skills for everyday life. Through workshops, tools and professional support, young people will gain the resources needed to trust their choices and embrace their potentials! Some food and drinks will be provided.	No booking required, just turn up on the day! Email our team to find out more: detached@merton.gov.uk
Be Inspired Boxing	Free non-contact boxing session every Friday night for teenagers aged 13-18. If you are interested in learning how to box in a fun and active way, then come along and get involved!	No booking required, drop-in session. For more information contact Adam on: 07534 363386 adam@beinspireduk.co.uk 